

ALZHEIMER'S VS. DEMENTIA

A lot of people consider Alzheimer's and Dementia to be the same, but what is actually the difference between them?



Learning about the two terminologies and their differences is crucial because it can provide those living with Alzheimer's or another dementia, their families, and caregivers with vital information.



DEMENTIA

Dementia is a broad word that refers to a decrease in mental capacity that is severe enough to interfere with day-to-day. Refers to a set of symptoms linked with a deterioration in memory, reasoning, or other cognitive abilities. It is caused by brain cell damage that impairs their capacity to communicate, affecting thought, behaviour, and feelings.

There are many distinct varieties of dementia, and many illnesses can cause it. The most prevalent cause of dementia is in fact Alzheimer's disease.

There's also vascular dementia, alcohol related dementia, HIV associated dementia, not only Alzheimer's disease.



ALZHEIMER'S

Alzheimer's disease is a degenerative brain illness characterized by complicated brain alterations induced by cell destruction. It causes dementia symptoms that increase with time. Because Alzheimer's often affects the area of the brain linked with learning first, the most frequent early symptom is difficulty remembering new information. Also, symptoms such as disorientation, confusion, and behavioural abnormalities become increasingly severe. Speaking, swallowing, and walking eventually become difficult.

Though rising age is the largest recognized risk factor for Alzheimer's, the illness is not a natural aspect of ageing.

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